Elementary Social Skills Group

Does your child have difficulty making and maintaining friends? Is he/she shy or slow to warm up to people? Has your child been diagnosed with Asperger’s, AD/HD or ODD? Does he (she) often get into arguments with other children or with adults? Does your child have difficulty cooperating with the teacher during classroom activities? Is he (she) socially awkward, or does he (she) have trouble “reading” social cues? **Some children need a little help learning social skills!**

Through a series of games, role-play, worksheets, videos, and projects, your child will enhance social skills and develop essential life strategies such as:

- Greeting people, joining a group, and making conversation
- Becoming a good listener
- Nonverbal communication and body language
- Good sportsmanship and teamwork
- Using self-control and anger management
- How to handle being teased
- How to handle children that brag
- Encouraging positive actions and giving compliments
- Performing nice gestures — they’re addictive!
- Fostering positive traits like patience and honesty
- Apologizing quickly and sincerely
- Treating others with respect
- Not talking about others behind their backs
- Creating his (her) own identity and encouraging self-improvement
- Feeling good about himself (herself) and improving their mood
- Positive thinking — seeing the glass as “half-full,” not “half-empty”
- Not letting the “little things” bring her down
- Not being a complainer
- Using manners and polite words
- Recognizing strengths and admitting weaknesses
- Mindfulness and relaxation
- Accomplishing goals
- Becoming a peacemaker

The actual curriculum and activities will change every season, but these are core topics covered.
Elementary Social Skills Group

When:

Elementary Social Skills Group for Children in 1st – 5th grade

Cary Group: Thursdays from 5:00-6:00pm with Dr. Chaka Coleman
January 30th – March 19th (8 weeks)

North Raleigh Group: Mondays from 5:00-6:00pm with Therapist Michelle Dodson
January 27th – March 16th (8 weeks)

Greensboro Group: Tuesdays from 6:00-7:00pm with Therapist Kalie Moore
January 14th – March 3rd (8 weeks)

Where: The Office of Wynns Family Psychology, Cary, North Raleigh, and Greensboro Locations

Cary: 130 Preston Executive Drive, Suite 202, Cary, NC 27513
Raleigh: 9207 Baileywick Road, Suite 203, Raleigh, NC 27615
Greensboro: 2907-B Pinedale Road, Greensboro, NC 27408

Leaders: Dr. Chaka Coleman (Cary), Therapist Michelle Dodson (North Raleigh), Therapist Kalie Moore (Greensboro), plus co-leaders as needed, ensuring a small leader-to-student ratio

Grades: 1st-5th

Fee: $85.00 for 30-minute consult (required), or 45-minute consult (fees vary by clinician) then $85.00 per week.
8-week group prices: $680.00 total (Not including the consult)
$170 deposit required to reserve a spot.
10% Discount for paying for all 8 session in advance!
10% Discount for returning WFP group clients!
Total $612.00 (Not including consult)
15% Discount for returning WFP Group Clients and Paying in Full!
Total $578.00 (Not including consult)
*Please note, all deposits and advanced payments are non-refundable. Discounts are not combinable*
A small snack may be provided. Please let us know of any food allergies in advance.

Register: Call 919-467-7777 or email Info@WynnsFamilyPsychology.com. Visit WynnsFamilyPsychology.com to learn more about the practice and the group leaders.

Space is Limited So Call or Email Now to Reserve Your Spot!

Parent Testimonial

"I just wanted to say how amazed I’ve been with your social skills summer camp, and the immediate results I’ve seen in E. Really, I wasn’t sure what to expect since we’d never done this type of class before, but she’s been super excited after each sessions. I’ve seen a real improvement in her manners, her ability to handle frustrating situations without losing her cool, and with accepting “no” for an answer. With the dramatic improvement I’ve seen in her coping skills, I will do whatever it takes to keep her in social skills classes this fall. This is truly an investment that is showing immediate and drastic results!"