



## Elementary Social Skills Group



Does your child have difficulty making and maintaining friends? Is he/she shy or slow to warm up to people? Has your child been diagnosed with Asperger's, AD/HD or ODD? Does he (she) often get into arguments with other children or with adults? Does your child have difficulty cooperating with the teacher during classroom activities? Is he (she) socially awkward, or does he (she) have trouble "reading" social cues? **Some children need a little help learning social skills!**

Through a series of games, role-play, worksheets, videos, and projects, your child will enhance social skills and develop essential life strategies such as:

- Greeting people, joining a group, and making conversation
- Becoming a good listener
- Nonverbal communication and body language
- Good sportsmanship and teamwork
- Using self-control and anger management
- How to handle being teased
- How to handle children that brag
- Encouraging positive actions and giving compliments
- Performing nice gestures — they're addictive!
- Fostering positive traits like patience and honesty
- Apologizing quickly and sincerely
- Treating others with respect
- Not talking about others behind their backs
- Creating his (her) own identity and encouraging self-improvement
- Feeling good about himself (herself) and improving their mood
- Positive thinking — seeing the glass as "half-full," not "half-empty"
- Not letting the "little things" bring her down
- Not being a complainer
- Using manners and polite words
- Recognizing strengths and admitting weaknesses
- Mindfulness and relaxation
- Accomplishing goals
- Becoming a peacemaker

**The actual curriculum and activities will change every season, but these are core topics covered.**



WYNNS FAMILY PSYCHOLOGY  
expert solutions for kids, teens & families



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- When:** Session 1 in Cary: Thursday's from 5:00pm–6:00pm, January 17<sup>th</sup> – March 14<sup>th</sup>, 2019 (8-week group) (off -February 14, 2019)  
Session 2 in Raleigh: Monday's from 5:00pm–6:00pm, February 4<sup>th</sup> – March 25<sup>th</sup>, 2019 (8-week group)
- Where:** The Office of Wynns Family Psychology, Cary & North Raleigh Locations  
Session 1 in Cary: 130 Preston Executive Drive, Suite 202, Cary, NC 27513  
Session 2 in Raleigh: 9207 Baileywick Road, Suite 203, Raleigh, NC 27615
- Leaders:** Dr. Warren (Session 1) and Dr. Sylvester (Session 2), plus co-leaders as needed, ensuring a small leader-to-student ratio
- Grades:** 1st-5th
- Fee:** \$85 for 30-minute consult (required) or \$127.50 for 45-minute consult (recommended), then \$85 per week. 8-week group prices: \$680 total or \$612 if paying for everything in advance (does not include consult). (Most insurance plans will reimburse a percentage of these fees.) Payment of consult plus first week of group is required to reserve a spot. \$170 with 30-minute consult or \$210 with 45-minute consult. (Deposits and advanced payments are non-refundable.) A small snack may be provided. **Please let us know of any food allergies in advance.**
- 10% Discount for returning WFP clients!  
10% Discount for paying for all 8 sessions in advance!  
15% Discount for returning WFP clients AND paying for all sessions in advance!
- Register:** Call 919-467-7777 or email [Info@WynnsFamilyPsychology.com](mailto:Info@WynnsFamilyPsychology.com). Visit [WynnsFamilyPsychology.com](http://WynnsFamilyPsychology.com) to learn more about the practice and the group leaders.

Space is Limited So Call or [Email Now](#) to Reserve Your Spot!

### Parent Testimonial

*"I just wanted to say how amazed I've been with you social skills summer camp, and the immediate results I've seen in E. Really, I wasn't sure what to expect since we'd never done this type of class before, but she's been super excited after each sessions. I've seen a real improvement in her manners, her ability to handle frustrating situations without losing her cool, and with accepting "no" for an answer. With the dramatic improvement I've seen in her coping skills, I will do whatever it takes to keep her in social skills classes this fall. This is truly an investment that is showing immediate and drastic results!"*