



“Middle Men” Tween & Young Teen Group for Boys



Is your pre-teen or teenage son having difficulty making or keeping friends? Is he feeling bullied at school or in social situations? Does your son need help expressing emotions appropriately? Are you or your child concerned about his transition into middle school (or high school) and fitting in socially? Has he been diagnosed with Social Anxiety, Asperger’s Syndrome, Autism, or AD/HD? Does your son shy away from social interactions? **The tween and teen years can be academically and socially challenging for boys. And some kids need a little extra help learning social skills to make these years a success!**

Through a variety of discussions, exercises, role-play, worksheets, videos, and projects, your son will improve his social skills by learning about the following topics:

- Self-esteem, self-confidence boosters, and improving his mood
- How to be assertive, NOT aggressive
- Using self-control and emotional regulation
- Expressing feelings and still being “cool”
- Greeting people and joining a group
- Nonverbal communication
- Being a good listener
- Making conversation and showing interest in others
- Manners — Saying “thank you,” apologizing quickly and sincerely, etc.
- Inviting friends over
- Respecting himself and others
- Dealing with exclusive groups and battling peer pressure
- How to handle being teased or left out
- Fitting in
- Making SMART decisions and thinking for himself
- Responding safely to cyber-bullying (emails, texts, Facebook, etc.)
- Deciding whether to participate in online social networks (Facebook, Myspace, etc.)
- Navigating boy-girl relationships



When: Tuesdays from 6:30pm–7:45pm, October 6th – November 24th, 2015

Where: [The Office of Wynns Family Psychology, Cary Location](#)
130 Preston Executive Drive, Suite 202, Cary, NC 27513

Leaders: [Kalie Moore](#) and Allison Neptune

Ages: Boys ages 11–14

Fee: \$80 for 30-minute consult (required), then \$80 per week. \$720 total or \$660 if paying for everything in advance. (Most insurance plans will reimburse a percentage of these fees.) \$160 deposit required to reserve a spot. A small snack may be provided. **Please let us know of any food allergies in advance. 10% discount for repeat members.**

Register: Call 919-467-7777 or email Info@WynnsFamilyPsychology.com.

Visit WynnsFamilyPsychology.com to learn more about the practice or the [group leader](#).

Space is Limited So Call or [Email Now](#) to Reserve Your Spot!

Parent Testimonial

"I just wanted to say how amazed I've been with your social skills summer camp, and the immediate results I've seen in E. Really, I wasn't sure what to expect since we'd never done this type of class before, but she's been super excited after each session. I've seen a real improvement in her manners, her ability to handle frustrating situations without losing her cool, and with accepting 'no' for an answer. With the dramatic improvement I've seen in her coping skills, I will do whatever it takes to keep her in social skills classes this fall. This is truly an investment that is showing immediate and drastic results!"

More Information from Wynns Family Psychology

- [See Our Full List of Group and Camp Services](#)
- [Learn More About Our Child and Teen Therapy Services](#)
- [Social Skills Camps: Raleigh Parenting Examiner Article](#)
- [Helpful Family and Parenting Articles](#)