



WYNNS FAMILY PSYCHOLOGY
expert solutions for kids, teens & families



Boys to Men Summer Camp

Summer 2020



Having difficulty interacting or maintaining expectations with your teen? Does he seem irritable or explosive? Does your teenager have difficulty controlling anger or have violent outbursts? Does he struggle with behavior at home or school? Does your teen become violent when screen time ends? Does your teen need help expressing and managing emotions appropriately? Is there concern about his transition from adolescence to adulthood? **Adolescence can be a socially and developmentally challenging time. Some young men need a little coaching to help make these years easier and more successful!**

Through a series of discussions, exercises, role-play, videos, and projects, your teen will build self-esteem and develop invaluable life skills, including:

- Respecting others and being treated with respect
- Learning respect for women and authority figures
- Anger management techniques and how to end violent outbursts
- Learning to express his emotions without feeling ashamed or weak
- Dealing with societies expectations of manhood
- Battling peer pressure and learning how to make the right choices
- Creating your own identity
- Improving self-esteem and developing positive self-concept
- Overcoming stereotypes and feeling comfortable with expressing emotions
- Using self control and anger management
- Building strong relationships with other men
- Appropriately interacting with peers
- How to become a proud and responsible young man



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- When:** “In-Person” Boys to Men Summer Camp
Cary: July 20th -24th from 9:00 AM -12:00 PM with Therapist Matthew Macchioni
- Where:** The Office of Wynns Family Psychology, Cary
Cary: 130 Preston Executive Drive, Suite 202, Cary, NC 27513
- Who:** Therapist Matthew Macchioni; plus, co-leaders as needed, ensuring a small leader-to-student ratio
- Grades:** 6th-8th
- Fee:** 45-minute consult (required) with parent and child (Fees vary depending on clinician, Non-refundable)
Camp Fee: \$495 for the week
Deposit to hold spot: \$50 (Applied to the total cost of camp, non-refundable. Balance is due 1 week prior to camp, non-refundable).
Camps are coded as group therapy: CPT code 90853
10% Discount for registering before June 15th!
All consult fees, deposits and advanced payments are non-refundable
A small snack may be provided. Please let us know of any food allergies in advance.
- Register:** Call 919-467-7777 or email Info@WynnsFamilyPsychology.com. Visit WynnsFamilyPsychology.com to learn more about the practice and the group leaders.

Space is Limited So Call or [Email Now](#) to Reserve Your Spot!